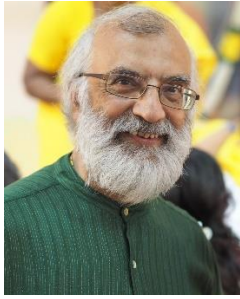


Dr Ramesh Pattni, DPhil (Oxford) OBE



Dr Ramesh Pattni is a psychologist and a Hindu theologian whose research is in the intersection of these traditions. He has deep interest in presenting the psychological concepts, tools and techniques of the ancient traditions in today's world for mental well-being. He obtained a doctorate from the University of Oxford, Faculty of Theology and Religion, based on his research into Patanjali's text on Classical Yoga – the Yogasūtra and Western Positive Psychology, comparing the phenomenology of Flow and altered states of consciousness experienced in the meditation of Samadhi. He also has three master's degrees in psychology, psychology of religion, and study of religion. After successfully running a family business in Kenya for 23 years, he decided to go back to his passion of learning and teaching. He completed his Oxford doctorate in 2015 and now studying for another doctorate in Existential counselling and psychotherapy at NSPC in London. He has extensively lectured and conducted workshops and retreats on diverse subjects over the past two decades in Yoga and the Non-Dual (Advaita Vedanta) traditions. He holds or has held many public positions, including, Vice President of Chinmaya Mission UK, Vice President of Hindu Forum of Britain and Co-Chair of the Hindu Christian Forum, Trustee of Interfaith Network and continues to serve the wider community in the UK. For his voluntary work in interfaith relations and community services in the UK, he was bestowed an OBE in the New Year's Honours 2020 by Her Majesty the Queen.